

POCKET ROCKETS



THE BEFORE SCHOOL BURN

TUESDAY'S 8AM - TERM 2 - AGES 6-10

Primary Skills Targeted:

- Gross motor skills
- Coordination and Balance
- Strength and Endurance
- Social skills
- Group Games and Engagement
- Body awareness
- Flexibility and Adaptability
- Sports Skills
- Creative Movement
- Turn Taking & Sharing
- Team Work and Cooperation

DETAILS

To book in or find out more, please contact us on: Phone: (02) 4969 8060 or Email: nicholas.b@ecmonhudson.com

