

# WELCOME TO

Educational Case  
Management

# ECM

EDUCATIONAL CASE MANAGEMENT

PSYCHOLOGY

SPEECH PATHOLOGY

OCCUPATIONAL THERAPY

**MULTI-DISCIPLINARY TEAM**

**CONSULTING PSYCHOLOGISTS**

**OCCUPATIONAL THERAPISTS**

**SPEECH PATHOLOGIST**

**EDUCATOR PRE-SCHOOL-YEAR 12**

**ALLIED HEALTH ASSISTANTS**

**GROUP THERAPY**

**NEWCASTLE EXPERIENCED  
IN-HOUSE MULTI-DISCIPLINARY  
ALLIED HEALTH PROFESSIONALS**

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www: [ecmonhudson.com](http://ecmonhudson.com)

**HUDSON STREET, HAMILTON 2303**

# Occupational Therapy



	CHILD ADOLESCENT	ADULT
Clinical Therapy & Assistant	●	●
Fine & gross motor skills	●	●
Hand-eye coordination	●	●
Sensory processing	●	●
Child developmental milestones	●	●
Adaptive equipment to assist function	●	●
Developing coping strategies - emotional regulation	●	●
Independence in everyday activities	●	●
Disability	●	●
Daily functioning	●	●
Home and community functional assessments	●	●
Safety and independence	●	●
Behavioural Management Plans and specialist behavioural support	●	●
Autism Spectrum Disorder	●	●
Self Regulation and Awareness	●	●
Trauma		
Diet management	●	●
Personal Confidence and Self Esteem		
Family Focussed Therapy	●	●
Social Awareness / Filtering		
Therapy Assistants	●	●

Clinical Services/Therapy	CHILD ADOLESCENT	ADULT
Anxiety & Depression	●	●
Mood Disorders & Bi Polar Disorder	●	●
Post Natal Depression		●
Adjustment & Attachment Disorder	●	●
Obsessive Compulsive Disorder: Phobia	●	●
Suicidal Ideation: Self Harm	●	●
Post-Traumatic Stress: Complex trauma	●	●
Relationship Counselling: Couples	●	●
Workers Compensation: Third Party		●
Autism spectrum disorder	●	●
Hypnosis		●
EMDR - Trauma Therapy	●	●
Personality Disorders	●	●
Parenting Support		●

Assessment	CHILD ADOLESCENT	ADULT
PSYCHOMETRIC: Intellectual, Academic, Behavioural, Adaptive	●	●
EDUCATIONAL: Specific Learning Disorders (Dyslexia)	●	●
NEUROLOGICAL: ADHD, Executive Functioning, Working Memory, Auditory	●	●
AUSTISM: Assessment, Management	●	●
BEHAVIOURAL MANAGEMENT and Specialist Behavioural Therapy	●	●
SEXUAL DIFFERENTIATION	●	●

## Speech Therapy

CHILD

ADULT

Language, Literacy, and Learning



Phonological processes and articulation

Reading, writing, punctuation  
and grammar

Stuttering



Social skills training



Meal management and swallowing



Metalinguistics

Augmentative and alternative  
communication

Helping babies talk



Disability and functional assessment

Behavioural management  
communication supports

School Readiness



Concentration



Literacy



Therapy Assistants



## Assessment

CHILD

ADULT

SELECTIVE MUTISM

AUTISM ASSESSMENT

SCHOOL READINESS

LANGUAGE  
and Metalinguistic Assessment

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# Group Therapy

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CHILD  
ADOLESCENT    ADULT

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Fussy Eater Groups



Social Skills and Lego Groups



School Readiness Groups



Peaceful Kids Groups & Parenting



Cool Kids and Chilled Teens Anxiety Programs (individual and group)



Mindfulness & adolescents



Cognitive Behavioural Therapy and Mindfulness Group



Parenting Groups



Yoga and wellbeing



Autism Support



Building Resilience Through Rythm



Holyoake



Drumbeat



Art Therapy



Written Expression Groups



**Registered NDIS providers**

(NDIS Commission)

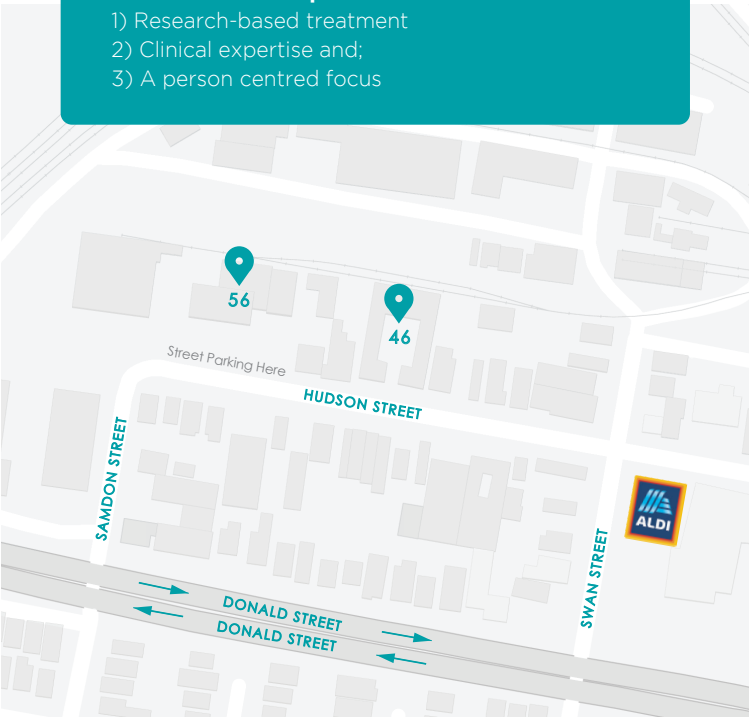
**Registered Specialist Behavioural  
Support Practitioners**

**All our services are EDP focused.**

(Evidence-based practice)

**We value and promote the use of:**

- 1) Research-based treatment
- 2) Clinical expertise and;
- 3) A person centred focus



**NOW IN 2 CONVENIENT LOCATIONS  
PARKING AVAILABLE BOTH SITES**

**PSYCHOLOGIST**

Unit 3, 56 Hudson Street, Hamilton NSW 2303

ALL POST TO THIS ADDRESS PLEASE

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