

## Group Therapy

CHILD  
ADOLESCENT    ADULT

Fussy Eater Groups	•	
Social Skills and Lego Groups	•	•
School Readiness Groups	•	
Peaceful Kids Groups & Parenting	•	•
Cool Kids and Chilled Teens Anxiety Programs (individual and group)	•	
Mindfulness & adolescents	•	•
Cognitive Behavioural Therapy and Mindfulness Group	•	•
Parenting Groups		•
Yoga and wellbeing	•	•
Autism Support	•	•
Building Resilience Through Rythm	•	
Holyoake	•	•
Drumbeat	•	•
Art Therapy	•	•
Written Expression Groups	•	•

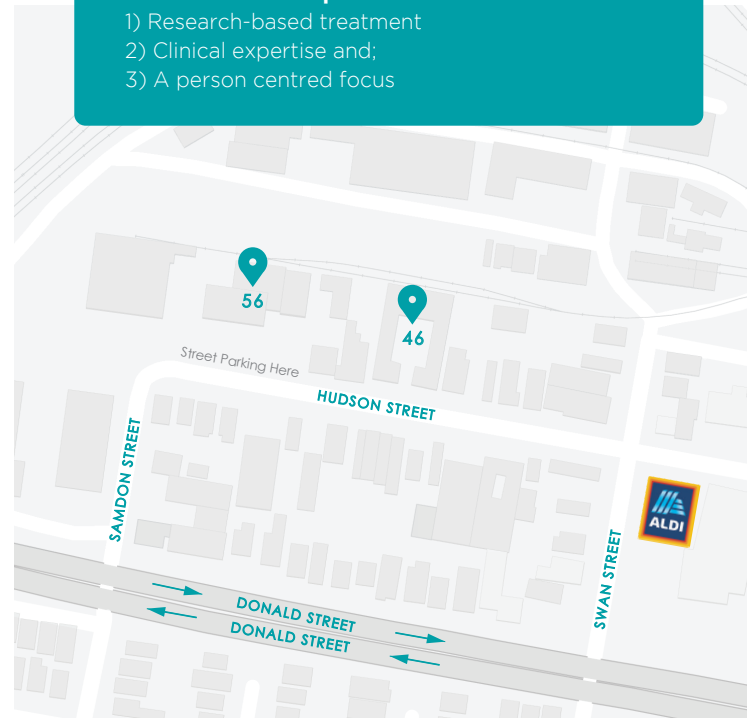
Registered NDIS providers  
(NDIS Commission)

Registered Specialist Behavioural  
Support Practitioners

All our services are EDP focused.  
(Evidence-based practice)

We value and promote the use of:

- 1) Research-based treatment
- 2) Clinical expertise and;
- 3) A person centred focus



NOW IN 2 CONVENIENT LOCATIONS  
PARKING AVAILABLE BOTH SITES

### PSYCHOLOGIST

Unit 3, 56 Hudson Street, Hamilton NSW 2303  
ALL POST TO THIS ADDRESS PLEASE

### SPEECH PATHOLOGIST & OCCUPATIONAL THERAPIST

Unit 1, 46 Hudson Street, Hamilton NSW 2303

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WELCOME TO  
Educational Case  
Management

ECM

EDUCATIONAL CASE MANAGEMENT  
PSYCHOLOGY  
SPEECH PATHOLOGY  
OCCUPATIONAL THERAPY

MULTI-DISCIPLINARY TEAM

CONSULTING PSYCHOLOGISTS

OCCUPATIONAL THERAPISTS

SPEECH PATHOLOGIST

EDUCATOR PRE-SCHOOL-YEAR 12

ALLIED HEALTH ASSISTANTS

GROUP THERAPY

NEWCASTLE EXPERIENCED  
IN-HOUSE MULTI-DISCIPLINARY  
ALLIED HEALTH PROFESSIONALS

email: info@ecmonhudson.com  
www: ecmonhudson.com

HUDSON STREET, HAMILTON 2303

# Occupational Therapy



CHILD ADOLESCENT ADULT

Clinical Therapy & Assistant	●	●
Fine & gross motor skills	●	●
Hand-eye coordination	●	●
Sensory processing	●	●
Child developmental milestones	●	●
Adaptive equipment to assist function	●	●
Developing coping strategies - emotional regulation	●	●
Independence in everyday activities	●	●
Disability	●	●
Daily functioning	●	●
Home and community functional assessments	●	●
Safety and independence	●	●
Behavioural Management Plans and specialist behavioural support	●	●
Autism Spectrum Disorder	●	●
Self Regulation and Awareness	●	●
Trauma		
Diet management	●	●
Personal Confidence and Self Esteem		
Family Focussed Therapy	●	●
Social Awareness / Filtering		
Therapy Assistants	●	●

# Psychology



Clinical Services/Therapy CHILD ADOLESCENT ADULT

Anxiety & Depression	●	●
Mood Disorders & Bi Polar Disorder	●	●
Post Natal Depression		●
Adjustment & Attachment Disorder	●	●
Obsessive Compulsive Disorder: Phobia	●	●
Suicidal Ideation: Self Harm	●	●
Post-Traumatic Stress: Complex trauma	●	●
Relationship Counselling: Couples	●	●
Workers Compensation: Third Party		●
Autism spectrum disorder	●	●
Hypnosis		●
EMDR - Trauma Therapy	●	●
Personality Disorders	●	●
Parenting Support		●

Assessment CHILD ADOLESCENT ADULT

PSYCHOMETRIC: Intellectual, Academic, Behavioural, Adaptive	●	●
EDUCATIONAL: Specific Learning Disorders (Dyslexia)	●	●
NEUROLOGICAL: ADHD, Executive Functioning, Working Memory, Auditory	●	●
AUSTISM: Assessment, Management	●	●
BEHAVIOURAL MANAGEMENT and Specialist Behavioural Therapy	●	●
SEXUAL DIFFERENTIATION	●	●

# Speech Pathology



Speech Therapy CHILD ADULT

Language, Literacy, and Learning	●	●
Phonological processes and articulation	●	●
Reading, writing, punctuation and grammar	●	●
Stuttering	●	●
Social skills training	●	●
Meal management and swallowing	●	●
Metalinguistics	●	●
Augmentative and alternative communication	●	●
Helping babies talk	●	
Disability and functional assessment	●	●
Behavioural management communication supports	●	●
School Readiness	●	
Concentration		●
Literacy		●
Therapy Assistants	●	●

Assessment CHILD ADULT

SELECTIVE MUTISM		
AUTISM ASSESSMENT		
SCHOOL READINESS		
LANGUAGE and Metalinguistic Assessment		